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ENG 111

# January 25, 2018

# Our Lives Are Wasted On Social Media

Did you ever count how many times per day , you check your phone?

You never thought about that have you? Because you do not even realize the amount of time you, your friends , family members put into social media. You can not even use the rest room without your IPhone. Around the whole world, everywhere we go , I would say 80% of people are on their cell phones . Whose fault is that , well that’s the society we are in right now. Social media is killing bond between everyone . Breaking friendships, and definitely many relationships.

The most thing used in this world is well, Social media . Teenagers , adults, kids everyone is on their phone, tablets , computers . It is very sad to see how everyone’s world revolves around social media . There is no such thing as a family bond anymore. Grandparents are always complaining with the lack of time the kids spend with them . Even though , children visit their grandparents , there is no such thing as spending time with them . All they do is check their phones . Surf the web , Facebook, Twitter , Instagram and of corse lets not forget about Snapchat. Little children are becoming very aggressive due to the abusive use of technology . They want everything they see on the internet and when their parents don’t agree that their kid needs it , children get aggressive . Not only that but also from the games they play . Those addicting games that I find the same as gambling . Oh Little bob decided he wants the gingerbread man outfit on his avatar , so he takes his moms credit card and pays for it . The time , money and mental health wasted on electronics is completely obnoxious . The only thing teenagers are worried about is how many followers they have , who liked their pictures. How many likes can they get on this picture . Their whole world is revolving around social media. Kids these days don't find a reason to study do their home work , read books be more knowledgeable , they have better things to do, surf their social media accounts . People are now like robots, well at least that’s how they act.

What do we say to social media addicts whose head is always in their phones. Have you ever had that one friend or significant other whose head is always buried in their phones? The one who can’t take a step without posting it on snapchat. Eating , let me let the whole world know I am eating , oh and of corse I have to show them what I am eating . That they don't even hear what it is your trying to say to them . Driving lets make sure everyone knows. Takes a selfie , has to put on every single social media account owned. What if not everyone sees it , right ? Posting daily quotes so whoever attention she wants she will get. Instead of just opening up to the person about their feelings . Your average Americans will much rather post it to Twitter and Snapchat. Its like a competition who will get the most likes .

Who will post more interesting selfies . The whole world doesn’t have to know every step you take . I personally am sick and tired of all the same old posts I see every day. One day the person is working out next she's at the mall shopping . Or the ones that open the live option on Instagram and Facebook , just sitting there eating , staring at their camera no talking nothing just to show to the world , “I am so cool , Im on live” What is wrong with this society everything is wrong in every way possible .

Well now , why don't we talk about couples . The most effected are couples whose constantly on social networks . You go out on a date with your significant other, but you have absolutely nothing to talk about . Because of the fact, that you both are so engaged into your phones you don’t see each other . You don’t even realize the app you closed two seconds ago you now opened again looking to see if there is any new updates , or who posted what . Let me judge the way she dresses , oh wow who would wear that , she's dating him ? how did that work out . What does she see in him? Your so into other peoples problems you do not even notice your so called “husband or boyfriend” . Couples do not even notice each other anymore . All it is doing is killing the bond the “romance” there is no such thing anymore . Yes you went out to dinner , and yes I know you will post a picture to show it and of corse with the description “ Romantic Date With Hubby” when in reality you both are sitting with your heads buried in your brand new , amazing IPhone X or 8 Plus . Am I right ? There is no such thing as , lets talk it out , how was your day at work? How are you feeling today? What plans do we have for an upcoming holiday or event or anything . How you feel about each other . Compliment each other . Do you even know your husbands or wives anymore? What do they like ? What are their favorite food , color etc. Nobody is paying attention to anyone . If the women dresses up trying to look nice for her husband , maybe get a few nice compliments heartwarming words. And their husband is not even noticing it . A human being gets tierd. Once shell let it pass , twice maybe even third time but when a human has enough they have enough. And thats how you break your relationships. All the jealousy of why you liked his picture why she liked your picture thing . Leads to arguments arguments over and over get very irritating until one point where one of them bail out of the relationship .

The problem with the society right now is nobody is even trying to communicate or work things out . Or even spend time , and when I say spend time I actually mean spend time together , not going out somewhere and sitting on your cell phones . How about we all change some things or at least try to . When you go out on a date, put your phone away somewhere where you wont see it lighting up or buzzing . Mute it . Don't kill the love you have towards your loved ones . Communicate . Remind them why you love them . What made you fall in love with them . Talk about your future , plans turn of your phones there are things in life way more important. Live life the way your grandparents did , thats when it actually becomes fun and interesting . When you lose interest in others lives and put effort into yours . The more we use social media the less happy we seem to be. Life is way shorter than you think, spend it with your loved ones not with your cell phones .