**Diet/Nutrition/Physical Activity Self-Evaluation – Part 2 – REVISED – OCT, 2017**

Student Name: Date: March 8, 2018

**Part 2: Title page, 3-4 pages of required elements, reference page, nutrient report, meal summary, and activity report:**

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| **20** | Analysis of dietary intake and physical activity | Used resources from your book, thoroughly analyzed dietary intake and physical activity for the same period of 7 days:**\*\*INCLUDES: Nutrient report** **\*Meal summary, & Activity report** **(15-20 pts)** | Basic analysis of dietary intake and physical activity but concepts not clearly stated; did not use additional resources beyond the text for analysis  **(14-9 pts)**  | Analysis of dietary intake and physical activity unclear and incomplete; resources not documented or not from professional web sites. **(>9 pts)** |  |
| **15** | Self- nursing diagnosis | Stated complete nursing diagnosis with interventions, outcomes and evaluate **(12-15 pts)**  | Stated incomplete nursing diagnosis; interventions not specific; outcomes not measurable; evaluation not clear **(7-11 pts)**   | Nursing diagnosis not correctly stated with interventions, outcomes and/or evaluation missing. **(>7 pts)** |  |
| **20** | Goals to improve | Thorough discussion of your findings from the analysis to include a comprehensive goal for improvement related to:1) carbohydrates, 2) fats,3) protein, 4) vitamins,5) minerals, 6) water 7) energy (kilocalories) **(15-20 pts)** | Partial discussion, <75% of the nutritional items discussed, improvement plan not clearly stated in some areas and does not appear to be realistic. **(14-9 pts)**  | Partial discussion, <50% of the nutritional items discussed, improvement plan not included or not specific enough to be measurable **(>9 pts)** |  |
| **10** | Format: APA (to include title page, introduction,Conclusion, and reference page) | Paper adheres to APA style; Citations follow APA guidelines (page #’s author is cited properly); reference page correctly done; all paragraphs, line spacing and margins correct.; used required amount of references (not including text), from nursing and professional resources **(8-10 pts)** | Paper is somewhat adequate in adhering to APA style and APA guidelines or citations; some errors on reference page or sources missing; 50-75% paragraphs, line spacing and margins correct; used 50% less resources than required/or not from professional resources **(4-7 pts)** | The paper has poor APA style and citations are incorrect or missing; multiple errors on reference page and missing sources; < 50% paragraphs, line spacing and margins correct; used no references, from nursing or from professional resources.  **(>4 pts)** |  |
| **10** | Organization, grammar, spelling, and punctuation | Information organized, with well-constructed paragraphs and sub-headings, correct grammar throughout paper, with few fragmented sentences, incorrect punctuations or misspellings (< 3 sentences w/o errors **(8-10 pts)**  | Information is organized, but paragraphs are not well-constructed; several areas with fragmented sentences, incorrect punctuations or misspellings (4-7 sentences with errors) **(4-7 pts)** | Information appears to be disorganized; numerous areas with fragmented sentences, incorrect punctuations or misspellings (8 or more sentences with errors)  **(>4 pts)** |  |
| **Total Points**: | **Assignment Total:****\_\_\_\_\_\_\_/100 pts** |  |  | **Section total=** | **\_\_\_\_/75** |