NURSE INTERVIEW PAPER

For the purpose of this paper, I interviewed a friend who is a nurse practitioner. According to her as a team member while her primary role is that of the caregiver, she also plays other roles. Apart from it she is also a decision maker, a communicator and a patient advocate. However, a key part of her role also involves patient education. She clarified that a nurse’s role does not remain limited to the provision of care but that she has to play multiple roles at the same time. She works with the other employees as a manger of care and is also responsible for protecting the rights of the patients. She links professionalism to integrity and ethics and according to her being professional means being accountable. She mentions that professionalism is very important for any health care workers. It is because it influences patient lives. The healthcare workers should bear the professional responsibility of their patients’ care and their rights (Murphy, 2009). Moreover, the more professional the healthcare workers the better is the delivery of care inside an organization. Apart for that there are several other concerns too that require the healthcare staff to remain professional in their approach. Patient privacy and health care information confidentiality are also some of the requirements that require the nurses to remain professional.

Professionalism means acting ethically and responsibly. According to her the leaders in her organization are stewards of care. She mentioned that for the leaders it is very important that they show their commitment to the values that they espouse. The leadership should stay committed to the welfare and growth of all the stakeholders including the patients and nurses. The leaders in her organization believe in forming strong personal relationship with all the staff and to enable them to be a part of an innovative process that is focussed at the delivery of excellent care (Fouche, 2011). Moreover, she added that stewardship of healthcare was rested on the moral character of the leadership. In this regard the leadership in her organization has played a very important role building an environment of trust and innovation that helps the nurses deliver best quality of care to the patients. For the leaders she considers that professional advocacy and authenticity is very important and unless they exercise it, the objectives of accountable care cannot be accomplished. She also added that the leaders should try to build trust with all the stakeholders.

Power and influence are also important factors that affect how the leaders are perceived inside the organization. So, for the leaders it is important that they exercise them while working with their colleagues to derive desired outcomes. Nursing can be quite a difficult job at times and my friend added that the leaders should focus on guiding the nursing staff as well as keeping them motivated so that they can deliver the best performance. Nurses are not just responsible for patient health, they are also responsible for patient rights as well as for ethical behaviour in their duty. They should remain professional in their approach.

References:

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Fouche, N. (2011). Stewardship in health care, in the nursing profession, and of self. In *SAJCC*. Retrieved August 22, 2016, from http://www.sajcc.org.za/index.php/SAJCC/article/view/125/130